

# Meet + Mentor Fact Sheet

**Play Like a Girl!**® is a Nashville-based 501(c)3 charitable organization on a mission to leverage the skills gained from sport to build a diverse pipeline of young women in science, technology, engineering and mathematics (STEM). Through summer camps, after-school clubs and sports clinics, we deliver a coordinated, multi-year program through which middle school girls are exposed to inspiring women coaches, mentors and role models, experience practical lessons in leadership, and engage in hands-on STEM education through the lens of a confidence-building curriculum.

Meet + Mentor is our new e-mentoring program designed to match middle school girls (ages 10-13) with caring adult women who support them in their efforts to develop the academic and life skills necessary to succeed in a STEM career.



## Mentor Commitment

While the traditional mentoring model generally emphasizes long-term exposure to a single mentor, Play Like a Girl intentionally follows a group-based co-mentoring model that recognizes the value of short-term, group exposure to a multitude of mentors. By introducing girls to women from all walks of life, they begin to see more opportunities for themselves while also benefiting from our powerful network of diverse and deeply engaged members and corporate partners.

Play Like a Girl requires that mentors commit to meeting with their mentees at least 90 minutes a week for a minimum of six weeks. Mentors rotate between guided mentoring sessions with their mentees every other week and bi-weekly community building events where students get to learn from mentors and mentee groups across the entire program cohort. In return, Play Like a Girl commits to provide mentors with the training, support and resources they need to learn and develop as a good mentor and to ensure that the relationship is rewarding for both mentors and mentees.

## Roles of a Mentor

**Mentors may take on many roles, depending on their mentees' needs and interests:**

- ✓ Enhance their mentees' belief in their own potential
- ✓ Listen carefully to their mentees' concerns
- ✓ Advocate for their mentees' needs
- ✓ Open doors of opportunity
- ✓ Have fun doing new activities together
- ✓ Provide academic support
- ✓ Model behavior

## Mentor Qualifications

**Play Like a Girl mentors must be:**

- ✓ Women working in STEM or related fields across all disciplines and sectors.
- ✓ Committed to building a career-focused relationship with a group of 5-7 mentees.
- ✓ Able to act as a role model, source of inspiration and resource person.
- ✓ Open-minded and willing to share and learn.
- ✓ Willing to act as a volunteer under the supervision of Play Like a Girl.
- ✓ Pass background and reference checks.



## Ways of Participating

- ✓ Mentor a group of 5-7 girls
- ✓ Host a speed networking event
- ✓ Facilitate a career mentoring workshop
- ✓ Monitor the safety of mentoring circles



## Application, Screening and Training Process

In order to ensure that the volunteers we recruit are suitable matches for the girls we serve, Play Like a Girl carefully screens each potential mentor who is required to:

- 1**  
Complete the online orientation.
- 2**  
Submit an application with references.
- 3**  
Pass a criminal background check.
- 4**  
Interview with program staff, if applicable.
- 5**  
Attend the pre-match mentor training.

**Once formally accepted into the program, mentors will meet their mentees!**

## Key Dates

<b>Sept 25</b> 2020	School Informational Meeting	<b>Oct 12-26</b> 2020	Interviews, if applicable	<b>Nov 2</b> 2020	Official Match Kickoff
<b>Oct 1</b> 2020	Registration and Online Orientation Opens	<b>Oct 23</b> 2020	<b>Mentor Application Due (5pm CDT)</b>	<b>Nov 2-Dec 17</b> 2020	Weekly Mentoring Sessions & Community Events
<b>Oct 1-23</b> 2020	Background Checks and Reference Checks	<b>Oct 28</b> 2020	Mentor Training	<b>May 1</b> 2021	Year-End Celebration and Showcase

## How to Apply

Interested in mentoring?

**Visit [iplaylikeagirl.org/mentoring](https://iplaylikeagirl.org/mentoring).**

## Questions? Concerns? Please contact:

Mentoring & Volunteer Programs Coordinator

Phone: (615) 601-1864

E-mail: [mentor@iplaylikeagirl.org](mailto:mentor@iplaylikeagirl.org)

