

Design Your Future with Play Like a Girl's Meet + Mentor Program

Thanks to Play Like a Girl, hundreds of middle school girls in Nashville and across the United States are designing their futures and solutions to real-world problems under the mentorship of some of the nation's top female STEM professionals.



Meet + Mentor is an after-school mentoring program that gives you a hands-on introduction to a wide range of science, technology, engineering and mathematics (STEM) related careers you may consider if you're interested in creating a world where all girls have the opportunity to fulfill their limitless potential.

The program matches you with women professionals, or mentors, who volunteer their time to give you an inside look at where and how they work, the skills they use and some of their active projects. They also help you design a technology solution to a real-world problem if your group chooses.

When you join Meet + Mentor, you may discover the career that is meant for you.



“ Play Like a Girl encouraged me to continue pursuing my interests in engineering. The field trip to an active construction site during Meet + Mentor this past summer allowed me to further observe the profession. ”

CHRISTINE KIM, MIDDLE SCHOOL

Meet + Mentor at a Glance

How it Works

You're assigned to a mentoring group with 5-7 other students. Two mentors will work with your group after school, meeting with you online via Zoom until social distancing requirements are lifted and we're able to connect in person. You will be exposed to a wide range of women professionals who work in STEM-related careers across all disciplines and sectors and learn how they think and work. Your mentors will also take you on behind-the-scenes virtual office tours and field trips to tech companies. And then there's the design project—for added inspiration.

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The Benefits

- Career-focused personal development workshops
- Industry-specific connections through group mentorship and networking
- Information about and connections to other Play Like a Girl participants and programs including makerspace workshops, corporate field trips and much more
- Access to an exclusive STEM network – plus a FREE 1-year Play Like a Girl membership!

Eligibility Criteria

- Middle school girls aged 10-13 years old who are enthusiastic about STEM
- Able to make a 6-12 week commitment to group mentorship
- Can access at least one device with internet capabilities
- Communicate fluently and clearly in spoken and written English

Mentee Commitment

- Complete the online orientation.
- Submit an application with your interests and preferences.
- Participate in a 6-12 week online program under the guidance of co-mentors.
 - 90 minutes of career exposure and professional development every other week
 - 90 minutes of bi-weekly community building events with the entire program cohort
- Attend the year-end celebration and project showcase

Program Cost

There are two registration options:

1. Access to a single mentoring session is just \$15.00.
2. Our All Access Plan is \$150.00 and includes all 12 mentoring sessions, 2 mentee meetups (socials), a t-shirt, program materials, and sweet surprises each week! That's a \$30 saving.

Note: The All Access Plan is free of charge to girls at MNPS Partner Schools thanks to individual donations, foundation grants, corporate sponsorships and brand partnerships that collectively cover the cost of the program for girls in need.

How to Register

To register as a mentee, all you have to do is submit an application and wait for us to match you with your mentor and peer group!

APPLY TO TODAY

Questions? Concerns? Please contact:

Mentoring & Volunteer Programs Coordinator

Phone: (615) 601-1864

E-mail: mentor@iplaylikeagirl.org

Web: iplaylikeagirl.org/mentoring

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