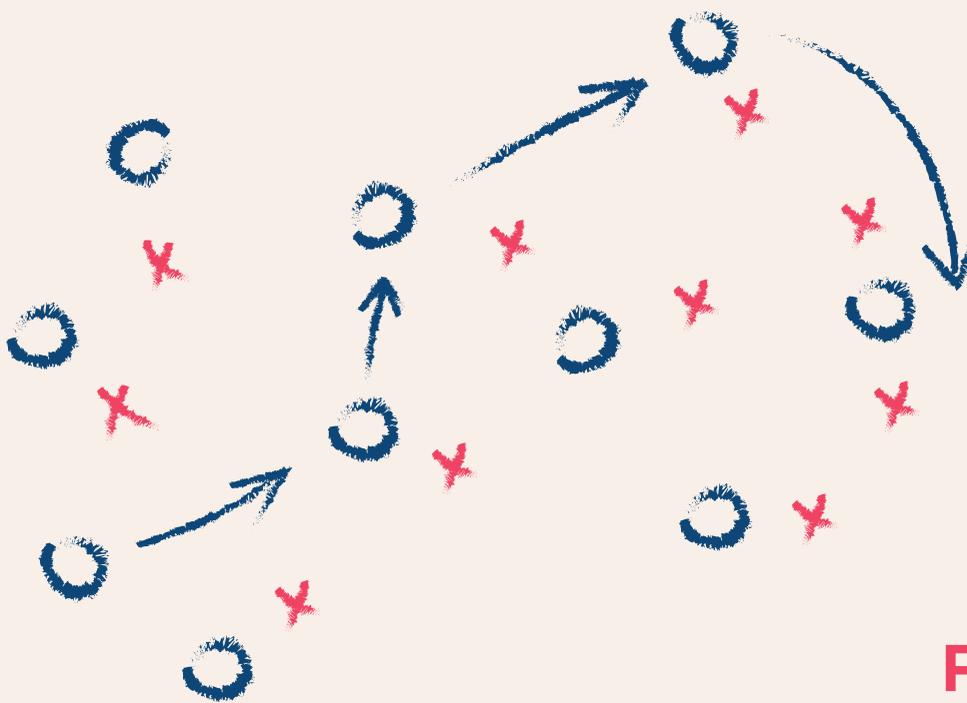




Power Pack+
GIVE BACK



PLAYBOOK



**Fuel Purpose.
Power Impact.
Play Like a Girl.**

A turnkey volunteer experience for teams, families, and groups of all sizes.



About the Power Pack + Give Back Experience

At Play Like a Girl, we believe that small acts of service can create big waves of change. Through Power Pack + Give Back, you've joined a growing movement of purpose-driven volunteers and partners working together to level the playing field for girls in STEM and sports.

This experience isn't just about assembling kits—it's about sending a message. Every Power Pack you build tells a girl: You belong. You are capable. You matter. Across the country, volunteers like you are creating tangible opportunities for girls to thrive in school, in sport, and in life.

Thank you for helping us power the next generation of leaders.

Power Packs are designed to equip middle school girls with the resources, encouragement, and confidence they need to reach their full potential. Each pack includes practical supplies—whether for learning, wellness, or play—and a handwritten “Power Note” from a volunteer like you.

Power Packs are distributed through Play Like a Girl's school-based programs, community events, and nonprofit partners nationwide. They are used in classrooms, after-school clubs, mentorship events, shelters, sports clinics, and more—wherever girls need a boost of confidence and care.

Together, we're helping girls see what's possible. One Power Pack at a time.



Goal

In the next hour, your team will work together to assemble Power Packs filled with STEM supplies, healthy snacks, or sports gear—each one destined to support a middle school girl in need.

If you're competing against another team, the race is on—collaborate, communicate, and pack with purpose to see who can make the greatest impact!

If it's just your team, your Power Pack + Give Back Experience starts now. The clock is ticking, and every minute brings you closer to helping a girl feel seen, supported, and unstoppable. Let's get packing!



1. 48 Play Like a Girl Stickers
2. 48 Power Notes (blank cards for volunteers to write messages)
3. 48 Zip-Top Bags (7x9)
4. 1 Power Pack + Give Back Playbook

Event Materials

Here's what's included in your Power Pack + Give Back Kit:

Everything you need to create an empowering, hands-on team experience—packed and ready to go!

Set Up Your Packing Line

To keep your Power Pack + Give Back experience running smoothly, set up your space assembly-line style with clearly labeled tables or stations. Below is a suggested layout to guide your setup. Feel free to adjust based on your space, group size, or kit type.

Table 1: Power Note Station

1 Power Notes & Pens

Volunteers write encouraging messages to include in each Power Pack.

 *Pro Tip: Start this station early so notes are ready to be inserted at the end.*

Table 2: Bag Prep Station

1 Zip-Top Bags (7x9)

2 Instruction & Impact Cards

Volunteers open bags and insert a card to begin the kit.

Table 3: Packing Station

1 Whole Grain Snack (or STEM/sports item 1)

2 Protein Snack (or STEM/sports item 2)

3 Fruit Snack (or STEM/sports item 3)

4 Play Like a Girl Stickers

 *Pro Tip: Store extra supplies under the tables for quick restocking.*

Table 4: Quality Check & Note Insert

1 Volunteers check to ensure each Power Pack has all the required items.

2 Insert a handwritten Power Note.

3 Seal each bag with a sticker.

✓ *Pro Tip: Assign a few volunteers to this table to maintain quality assurance.*

Table 5: Boxing & Final Pack

1 Assemble cardboard boxes.

2 Place completed Power Packs neatly inside.

3 Fold the box flaps to close.

 *Pro Tip: Stack finished boxes in a designated area for delivery or pickup.*

 **Need to save space?** Feel free to consolidate steps or use fewer tables. Just make sure each step has a clear process and enough supplies to keep the team moving!

What's Included in Your Kit

Each kit includes supplies to assemble 48 Power Packs. Your box may contain one or more of the following kit types:

STEM Power Pack

- 1 Scientific calculator
- 2 Pencils with erasers
- 3 Filler paper
- 4 Ruler
- 5 Zip-top bag
- 6 Branded stickers & Power Note card

Snack Power Pack

- 1 3 nutritious snacks (1 protein, 1 whole grain, 1 fruit)
- 2 Health info card
- 3 Zip-top bag
- 4 Branded stickers & Power Note card

Sports Power Pack

- 1 Jump rope, resistance band, or ball
- 2 Inspirational insert
- 3 Zip-top bag
- 4 Branded stickers & Power Note card

All kits also include:

- 1 Instructions
- 2 Power Note writing prompts

Order Kits Early: Plan Ahead for Your Event

Please order at least 4-6 Weeks in advance to ensure timely delivery. For events scheduled sooner, contact partner@iplaylikeagirl.org.

Your Role

In 60–90 minutes, assemble 48 Power Packs that will be delivered to Play Like a Girl partner schools and nonprofit organizations serving middle school girls.

Donate Your Power Packs

Option 1

Deliver completed kits directly to the designated local Play Like a Girl partner school or youth-serving nonprofit.

Option 2

Ship completed kits to Play Like a Girl:
4117 Hillsboro Pike
Suite 103-129
Nashville, TN 37215

Celebrate & Share

Take pictures and videos during your packing event. Post to social using:

#PowerPackGiveBack | Tag: **@iplaylikeagirl**

Photos and videos may be shared in our impact stories and marketing to inspire others.



Need Help

Have questions about your kit, supplies, or logistics? Contact us at partner@iplaylikeagirl.org.



Together, We Play Like a Girl!

You've just helped fuel the dreams of a future leader. Thank you for using your time and talents to create change. One Power Pack at a time.

[BOOK YOUR EVENT](#)

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